



**WELCOME TO THE  
TODDLER ROOMS**

## Welcome to the Toddler Rooms!

This is a very exciting time for you and your child and Cornerstone would like to give you an overview of what your child's experience will be in their new room and how you can help them prepare for it.

The Toddler Rooms consist of children ranging in age from approximately 1 year 6 months to 3 years old and are staffed by a Lead Teacher, an Assistant Teacher and several aides. Each Lead Teacher along with their Assistant is responsible for developing a curriculum that is based on the children's interest and experience. The curriculum contains all of the components of learning: literacy, math, science, social studies, the arts and technology and the classroom environment is designed to support the curriculum. The curriculum is posted in each classroom as well as the daily classroom schedule, so that you can see what your child might be doing on a daily basis.

Your child's day is very structured with ample time for free play and social interaction. Arrival time is flexible, beginning at 7 AM, but we urge you to have your child here by 9 AM so that they are ready to sit down to breakfast with their classmates. All meals are eaten together and served family style. Mealtimes are an extension of our curriculum, viewed as an opportunity to refine fine motor skills, introduce new foods and promote language and model positive interactions. Copies of the menu are available in the lobby of the school. The children learn to serve themselves, use utensils, clear their dishes and cups and participate in appropriate and meaningful conversation. Milk and water are served in "sippy cups" which we will provide.

After breakfast, diapers are changed and those who are toilet training or trained are taken to the bathroom. Then our toddlers go outdoors. The children return to the classroom for Circle and Story Time. At this time, the classroom teachers focus on the Curriculum and introduce the activities associated with it. The time after Circle Time is devoted to the activity and Free Play. During Free Play the children are encouraged to make independent choices from a variety of toys and activities available in the classroom. At 12 noon, lunch is served, after which diapering and toileting occurs. The children then settle down for naptime. In general, the children sleep from 12:45 till 3 PM. When they wake up diapering and toileting occur and the children then go out onto the playground until 4:15. At that time the children return to the classrooms, wash hands and sit down for snack together. After snack, there is an afternoon Circle/ Story Time, free play and curriculum related activities.

Families must provide weather appropriate extra clothing, diapers, wipes, diaper creams and ointments for your child. The children nap on mats which are sanitized on a regular basis. Please bring a standard crib sized sheet, blanket and a favorite sleeping toy if used. Please send bedding in a bag that can be zippered closed.

Your child will visit the Toddler Rooms prior to joining their new class. In the weeks leading up to the start date, they will visit the rooms in increasing increments of time so that they will be used to their new teachers and classroom. This visiting period is

essential in making their transition a smooth and comfortable one. You can aid in this process by talking to your child about their exciting move to the Toddler Room and how proud you are!

| <b><u>Toddlers</u></b>   |   |
|--------------------------|---|
| <u>7:00am – 9:00am</u>   | Arrival – Greetings<br>Diapering/Toileting<br>Breakfast<br>Play – Private or Peer                                       |
| <u>9:00am – 10:00am</u>  | <u>Breakfast</u><br>Free Play<br>Group Time – music and movement<br>Clean up/Transition                                 |
| <u>10:00am – 11:45am</u> | Center/Activity time: art, dramatic play, blocks, story corner, music<br>(Toileting as needed)<br>Outdoor Time          |
| <u>11:45am – 12:30pm</u> | Transition to Lunch: Lunch, toileting, hand washing   |
| <u>12:30pm – 3:00pm</u>  | Naptime<br>Quiet Activities   |
| <u>3:00pm – 4:00pm</u>   | Wake up – Greetings<br>Diapering/Toileting<br>Snack<br>Play – Private or Peer   |
| <u>4:00pm – 6:30pm</u>   | Free Play<br>Group time – music and movement<br>Clean up/Transition<br>Diapering/Toileting<br>Outdoor Time<br>Departure |

If you have any questions please feel free to contact your child’s new teacher..  
Best regards,

Liz Perrone  
Toddler Supervisor

